Daily Participation Scale *(Affective Domain 70%)*

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Effort** | **Behavior** | **Responsibility** |
| **5**(MVP) | **I can & do:*** meet or exceed physical expectations
* utilize instructed techniques
* Maintain continuous movement and be engaged throughout the class.
 | **I can & do:*** Stay on task.
* Listen and follow directions.
* Use positive comments & appropriate language.
* Cope well with success and failure.
 | **I can & do:*** Change into appropriate PE attire.
* Arrive to class on time.
* Participate energetically and safely with respect of others abilities.
 |
| **4**(All-Star) | **I can & do:*** actively participate
* Display acceptable effort.
 | **I can & do:*** Perform all of the above bullets except one.
 | **I can & do:*** Change into appropriate PE attire.
* Perform 1 of the other two above bullets.
 |
| **3**(Role Player) | **I can & do:*** Display moderate activity and effort.
 | **I can & do:*** Perform at least two of the above behaviors.
 | **I can & do:*** Change into appropriate PE attire.

**I do not:*** Get to class on time.
* Participate energetically and safely with respect of others abilities.
 |
| **2** | **I am:*** mostly inactive
* Displaying minimal effort.
 | **I can & do:*** Perform at least one of the above behaviors.
 | **I do not:*** Change into appropriate PE attire.

**I can & do:*** Perform the other 2 bullets.
 |
| **1** | **I am:*** Displaying minimum movement and effort.
 | **I need:*** To be consistently reminded to perform the above behaviors.
 | **I do not:*** Change into appropriate PE attire.

**I can & do:*** Perform at least 1 of the other 2 bullets.
 |
| **0** | **I am:** * displaying no movement and/or effort
 | **I do not:*** Perform any of the above behaviors.
 | **I do not:*** Participate in class.
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Hornell Intermediate School Physical Education Guidelines



 **Cardiovascular Fitness Flexibility**



 **Muscular Strength Lifelong Fitness**

 **And Endurance**



 **Sport Education**